

INSPIRATIONS - NEWSLETTER

A monthly newsletter for friends, clients, donors and staff of Inspirations

INSPIRATIONS

TEEN SUBSTANCE ABUSE TREATMENT CENTER AND ACADEMY



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inspirations

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October Happenings



On Oct. 14-16, Inspirations and the Walsh's participated in the Writers In Treatment Film Festival in LA, California. While in LA the Walsh's met with the staff of the West Coast Kid documentary, which Inspirations is helping on with sponsorship efforts.



The Walsh's also visited Hawaii in consideration for an upcoming treatment center location. Inspirations is working with Hawaiian residents in their need for placing teenagers in teen residential treatment with Inspirations Teen Rehab.

Education Department



Left to Right:

Dov Friedman - VP Marketing and Public Relations
Denise Achée - Educator and
Dr. Hughes - Clinical Director

On October 23-26, Inspirations' Vice President of Clinical Services, Dr. James Hughes, presented Profiles in Adolescents to NJ school teachers, counselors and administrators.

Education is in full swing at Inspirations this fall. Students are attending classes in Mathematics, History and English. In math, students have an opportunity to hone their skills and continue their education as curriculum is taught to their level and needs. In history, the students have been exploring current events, writing about past events and gaining an understanding of topics like ethics, race and civil rights. In English, students have been active in literary analysis, understanding genre, and working on vocabulary and grammar development.



OCTOBER ACTIVITIES

GIRLS

Weekly Attendance at the Fitness Center
Halloween Decorations
Hunted House at Birch State Park
Pumpkin Picking
Pumpkin Carving
Pumpkin Seed Bake
Face Painting
Zombie Dancing
Trick or Treating
Water Park
Tai Chi
Bar-B-Q



Decorating for Halloween

BOYS

Halloween Decorations
Face Painting
Trick or Treating
Water Park
MMA - Learning Defensive and De-escalation Techniques
Bowling
Roller Skating

Art Therapy with Raquel Farrell-Kirk

Inspirations' Teens creating Body contour drawings that will be filled in to illustrate the impact of addiction on their physical bodies and functioning , or on their psychological and emotional states.



Teens' Drawing shed light on addiction and its impact, helping others understand what it is like to live with addiction.



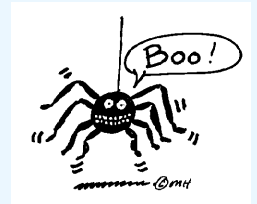
As part of our anti-bullying campaign, the group revealed that each of them have been bullied and have participated in bullying themselves at some point in their lives. They were eager to create a slogan that helps voice their feelings about bullying.

Their new motto is "We all have been bullied and know how it feels, so do not bully and keep it real!" We are proud of teens for their honesty and motivation to address the negative effects of bullying.



Mindfulness at the Beach

Teens using mind and body to uncover hidden talents, while having fun in sobriety.



Restoring Dreams, Saving Lives