

# INSPIRATIONS - NEWSLETTER

A monthly newsletter for friends, clients, donors and staff of Inspirations

## INSPIRATIONS

TEEN SUBSTANCE ABUSE TREATMENT CENTER AND ACADEMY



Volume IV, Issue V  
May, 2011

inspirations

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## LIFE SKILLS ACTIVITIES

INSPIRATIONS boys went on a fishing trip of the coast of Fort Lauderdale where team building activities were reinforced. Girls took part on Mothers Against Drunk Driving (MADD) where they got valuable insight on drunk driving, underage drinking, and learned about victim services which is available from MADD 24/7. Boys and Girls visitation to Broward County Jail - First hand look at court procedures and admission process for inmates.

## MAY RECREATIONAL ACTIVITIES

- Lady Pamela II - Fishing Trip (Boys)
- Mothers Against Drunk Drivers (Girls)
- Snorkeling
- BBQ at Snider Park
- Cook-out
- Ice Skating
- Bowling
- Movies
- Weekly AA and NA Meetings

## MAY HAPPENINGS

**Inspirations at Clear Channel Stations 100.3 FM and 610 AM, WIOD - Premiering Jun. 5th from 4pm-6pm**

It's official! Join Inspirations owners, Karen Corcoran Walsh, Christopher Walsh and guest speaker Michael Lohan for a fun-filled and ZANY approach to "REAL LIFE" issues and facts.

Reality Radio Talk Show will feature weekly appearances by celebrity guests, news-worthy information and giveaways to callers. Tune-in for the latest information on addiction and recovery.

**Summer Camp Starting Jun. 11th. Please Make Your Reservations as Groups are Forming Now**



Summer Recovery, Summer Fun at Inspirations. Every year Inspirations offer a fun filled summer camp program for teens currently in treatment or teens previously attending Inspirations programs. Powerful Therapeutic Programs in Dynamic Settings are part of camp daily activities as well as our well known recreational activities. Camp's daily activities has flexible lengths of stay supervised by Masters and Doctorate level counselors.

**CALL FOR RESERVATION: 1-888-757-6237**

# INSPIRATIONS

## SUMMER CAMP IS HOT

As it turns out, summer camp is one of those rare topics upon which both kids and parents agree - almost unanimously! After all, most teens love the prospect of playing, socializing, exploring and experimenting in the company of other friends and counselors.

But just what are the specific benefits of sending your teen to a summer camp for recovering teens, and why should you consider it?

First of all, Inspirations summer camp is an ideal opportunity for teens in recovery to socialize with their peer group in a safe and structured but relaxed environment. Inspirations camp offer teens, who are still struggling with the pressures of the recovery environment at home, a constructive and defined educational atmosphere within where they can acquire and practice learning skills like problem-solving and working as part of a team.

If your recovering teen has been experiencing emotional and behavioral difficulties at home and/or at school, summer camp is also the perfect opportunity for him/her to take a "vacation" from the daily struggles he or she might be facing and regain much-needed self-confidence and perspective.

Inspirations Camp offers a lower camper: counselor ratio, planned activities, outings and experiences designed to help your recovering teen build the necessary emotional skills and an increased number of accredited, trained counselors and staff. Our camp also offers the same welcoming, supportive and family-oriented environment than our regular year-round recovery programs and an array of activities such as: art therapy, ropes course activities, sports and games activities, canoeing, swimming, ice skating, fishing, snorkeling, horseback riding, cookouts, bowling, movies, arts, fitness center attendance and much more.

According to the American Camping Association, not only do summer camps provide teens with the chance to develop both independence (the ability to work effectively alone) and interdependence (the ability to work with others), camp experience can also build self-confidence and a sense of pride and accomplishment (through completing tasks, challenges and projects). Better yet, the opportunity to make new emotional and personal discoveries on a daily basis also helps teens generate a sense of self-control and, just as important, a sense of possibility.

If you are interested about our summer camp programs call our office at: 1-888-757-6237

Have a wonderful summer!



*Restoring Dreams, Saving Lives*