

INSPIRATIONS - NEWSLETTER

A monthly newsletter for friends, clients, donors and staff of Inspirations

INSPIRATIONS

TEEN SUBSTANCE ABUSE TREATMENT CENTER AND ACADEMY



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April, 2011

inspirations

888-757-6237 • WWW.INSPIRATIONSTEENREHAB.COM & WWW.INSPIRATIONSYOUTH.COM



HANDS ON LIFE SKILLS

INSPIRATIONS teens along with staff members had a pizza extravaganza day, cooking their own pizza from scratch. Life skills activities as well as team building activities raise self-esteem, as each teen feels like a worthwhile member of a group and learn that everyone has something to contribute.

APRIL ACTIVITIES



- Caramel Apple
- Pizza from Scratch
- Easter Egg Hunt & Easter Dinner
- Museum of Science and Discovery & I-Max Theater
- Motivational Guest Speaker
- Movies
- Bowling
- Ice Skating



WISHING ALL OUR GRADUATING TEENS
SOBRIETY & SUCCESS

APRIL HAPPENINGS

Inspirations at the PRISM Awards in Los Angeles

Inspirations for Youth & Families and the owners Karen and Chris Walsh were one of the sponsors of this year's Prism Award in Los Angeles, California in April at The Beverly Hills Hotel. Karen and Chris joined celebrities from the film and music industry, including Steven Tyler, Nicolette Sheridan, Eric Roberts, and many more.

Inspirations also attended several events while in Beverly Hills, helping youth and families to gain strength and insight into the cycle of teen substance abuse and addiction.
<http://www.prismawards.com>

Inspirations Radio Show in its Development Stages

Inspirations Talk Show will be preceding Rush Limbaugh on Clear Channel stations 100.3 FM and 610 am WIOD. Looking forward to a May opening day.

"Inspirations at the Cove" - Reality Show

Inspirations participated in the filming of a young adult reality show called: Inspirations at the Cove, Recovery on the Seas. The pilot show was filmed on the Inspirations Yacht, off the coast of South Florida April 20th.

Joining Inspirations' Staff

We are happy to announce the addition of our newest administrative and clinical team members to Inspirations for Youth and Families.



**Heather Axman, MSW,
Program Director**

Heather is a Licensed Clinical Social Worker with Many Years of Experience Working with Adolescents, Adults, and Families in Both an Addiction Treatment Setting and a Private Practice.

- Palm Beach Institute Certificate in Adolescent Development and Substance Abuse
- Heroin Continuing Education



**Jennifer Stutt, MED
ADD Primary Therapist**

Registered Mental Health Counselor with 6 Years of Experience in Mental Health Field with Adolescents & Children. Therapist Specializing in Intensive Axis 1 Diagnosis, i.e. Asperger, Bipolar & Substance Abuse.



**Carolina Roggins, MSW
ADD Primary Therapist**

- Degree in Elementary Education, K-6 Certified
- Behavioral Specialist for At-Risk Pre-Schoolers
- Experience with Child Welfare & Dependency System
- Specializing in Gender Specific Issues, Trauma, PTSD, Experimental Therapeutic Approaches, Work with Dual Diagnosis and Solution Focused Therapy



**Paul Sohr, MS
ADD Primary Therapist**

- Specializing in Work with Dual Diagnosis, Experimental Therapeutic Approaches, Trauma, and PTSD



**Avi Lawrence, MFT
ADD Primary Therapist**

- Certified Recreational Therapist, Specializing in Adolescent Team Building Experiences
Recreational Therapy, Experimental Therapeutic Approaches



Restoring Dreams, Saving Lives