

INSPIRATIONS - NEWSLETTER

A monthly newsletter for friends, clients, donors and staff of Inspirations

INSPIRATIONS

TEEN ADDICTION TREATMENT CENTER AND ACADEMY



888-757-6237 • WWW.INSPIRATIONSTEENREHAB.COM & WWW.INSPIRATIONSYOUTH.COM



WHAT IS HAPPENING?

FALL FESTIVAL ACTIVITIES



- Oct. 16 & 17 - Camping Trip to Seminole Indian Reservation
- Oct. 29 - Horror Movie Night
- Oct. 30 - Haunted House
- Oct. 31 - Pumpkin Painting

Regular Month Activities: Beach, Movies, Bowling, Roller Skating

MONTH WITH CELEBRITIES

Chris Evert, Eric Silver and MMA Champions, Jessica Aguilar and JZ, team up with Inspirations for Youth and Families, to Fight Teen Drug & Alcohol Addiction by donating their time to share their experience with our teens.

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FAMILY WORKSHOP

In October Nathan Fears hosted the monthly FAMILY THERAPY "WEEKEND" WORKSHOP. Family therapy is the cornerstone of Inspirations' work with teens and families. Through systemic approaches in therapy, Inspirations' professionals work with parents on Saturday, providing interactive therapeutic sessions and providing support and encouragement for each parent. On Sunday, the teens and families unite, engaging in therapy and working on interventions and reunification in each family. This is an emotional weekend - tears of JOY abound. The weekend concludes with visits and celebration of families.

FACILITY'S UPDATE

We are excited to announce that we have expanded our Virtual School/Computer Lab with the purchase of nine new computers. Inspirations has also purchased more Music Instruments for the Music Therapy Teachers such as Guitars, amplifier and a drum set. Regular property improvements include new mattresses, linens, towels and pillows to provide a comfortable stay for our teens. Many students can stay current with their studies as they are independently guided by the class room teacher for support and direction. Final but not least we welcome Kerry Little, (Compliance Officer/Therapist) our new licensed Mental Health Counselor who brings over 20 years of experience in the field on Mental Health.

CELEBS TEAM UP WITH INSPIRATIONS TO FIGHT TEEN ADDICTION



Chris Evert Talking to Inspirations Teens

Chris Evert, international tennis athlete and celebrity, donated her time this month to speak with our teenagers. Chris shared her childhood experiences and outlook on the characteristics and behaviors that helped her to accomplish her goals in life. Through her engaging and sincere discussion with Inspirations' teens, she related her passion for tennis, dedication to the sport, and determination to reach her goals in life, to the goals every individual can set for themselves. Chris provided the "INSPIRATION" and encouragement the teens are looking for, as they begin the journey of reevaluating their goals and plans for the future. **Our sincere thanks and heartfelt appreciation goes to Chris Evert for making October 2010 another INSPIRATIONAL month! Let's all remember: "Every teen is a child with a dream"**



Thanks to Eric Silver, Renowned Tennis Pro and Athlete. Eric hosted the Chris Evert's discussion with Inspirations Teens at the Boca Raton Resort & Club's Tennis Center. Eric provided tennis instruction and court time for the teens. Eric's inspirational and motivational approach with teenagers, is an encouragement and reminder for teens to continue pursuing their goals and dreams. **We send our special thanks to Eric and his dedication to helping children. "Children are our future". Thanks Eric!**



Karen Corcoran Walsh, Eric Silver and Chris Walsh



Boys Tennis Lessons



Girls Tennis Lessons



MMA Champions - Jessica Aguilar and JZ

Jessica Aguilar and JZ, Mixed Martial Arts (MMA) Champions, team up with Inspirations to Fight Teen Drug & Alcohol Addiction. In an interview at **American Top Team** facility, both **Jessica and JZ**, shared their stories with Inspirations' Teens. They talked about how hard work and determination in sports or in whatever a teen chooses to do in life can provide a winning happy life away from drugs and alcohol. **We send our special thanks to Jessica and JZ. Wishing you success in your careers!**



Restoring Dreams, Saving Lives